



WASHINGTON STATE Grange News

March 2019

Informing Grangers Since 1912

108th Year No. 3



Sammamish Valley Grange Presents Program On Impact Of New Farm Bill

In March Sammamish Valley Grange offered a program on the new Farm Bill and how it's impacting regional agriculture and local food systems.

The recently approved \$867 billion Farm Bill Legislation will set our

country's food policy for the next five years. Covering dozens of programs, the 2018 Agriculture and Nutrition Act impacts millions of jobs, the cost and availability of food and which crops are

grown and how they're produced. With speakers from Washington Young Farmers Coalition and Northwest Harvest, the Farm Bill's impacts in several key areas are covered including support for locally grown foods

and farmers markets and SNAP (the Supplemental Nutrition Assistance Program, also known as food stamps.) While some of the components are controversial, the new Farm Bill breaks ground for conservation and

resilience. It's the first of its kind that recognizes that the agricultural system will need to adapt to a changing climate, through new science and technologies and emphasis on soil health and climate resilience.

April 2019 issue deadline – March 15th
Submissions can be sent to grangenews@wa-grange.org

INSIDE: Grange Month Information



Grange Month Information can be found on page 12.

April 2019 has been declared Grange Month by National Grange President Betsy Huber. Granges across Washington are encouraged to participate in the month-long celebration by opening their doors to the public for family-oriented events focused on the contributions of the Grange in their communities.

Mark Your Calendars

Upcoming State Grange Events

- MARCH 14**.....Leadership Conference,
Terrace Heights Grange Hall, Yakima Cty, 6 p.m.
- MARCH 15**.....Leadership Conference,
Kennewick Valley Grange Hall, Benton Cty,
12 p.m.
- MARCH 15**.....Leadership Conference, Moses Lake
(O'Sullivan) Grange Hall, Grant County, 6 p.m.
- MARCH 16**.....Leadership Conference,
Entiat Grange Hall, Chelan County, 12 p.m.
- MARCH 22**.....Exemplification of the First Four Degrees,
6 p.m. at Moses Lake Grange Hall
- MARCH 22-23**.....State Officers, Deputies, and Pomona
Masters Conference
- MARCH 24**.....2019 Convention Kick Off Meeting at Brewster
(leadership conference to follow)
- APRIL 1**.....Application for WA State Grange Scholarships
Due.
- APRIL 1**.....Creative Writing Contest Entries Due to
State Lecturer
- APRIL 15**.....Secretary First Quarter Reports Due to State
Office
- APRIL 15**.....Convention Credential Reports Due to State
Office
- APRIL 23**.....Intersessions Committee Meetings at Olympia
- APRIL 25**.....State Grange Executive Committee Meeting
- APRIL 30-MAY 1**...National Grange Legislative Fly-In – Washington DC
- MAY 25**.....Resolutions (for consideration at this year's
convention) Due to the State Office
- JUNE 26-29**.....130th Annual Session of the Washington State
Grange at Okanogan County Fairgrounds
- AUGUST 9-11**.....Western Regional Grange Leaders and Youth
Conference in Montana
- NOVEMBER 5-9**.....152nd Annual National Grange Convention
in Bloomington, Minnesota

By-Laws

Crescent Grange #1123 announces a vote to change their By-Laws, causing the business meeting to be at 6pm on the 1st Wednesday of the month, and adopting the membership category "Family Membership". This vote will occur at their business meeting 7pm on April 3, 2019.

Resolution E-Mail Sign-ups

Send us your email at skeller@wa-grange.org to receive the resolutions that have been approved by the state Executive Committee and ready to be presented at the 2019 State Grange Convention in Okanogan, WA. We will begin emailing after the April 2019 Executive Committee Meeting.

Eye On Membership

Share Your Energy And Enthusiasm For The Grange!



Cecelia Hamilton



John Hamilton

By Cecelia & John Hamilton
Membership Directors

The month of February is behind us, it began as usual with blue skies, and beautiful winter wonderlands. But, weather can change in a minute and it sure did. Definitely reminding us of the occasional unexpected challenges we Grangers successfully conquer with perseverance and strength.

Recently a long time Granger shared with us that herself and her husband are becoming discouraged and very tired. Both having served many years in active roles within their Grange are now greatly in need of relief of their duties. Yet, no member has stepped up to offer to take their place. How can a Grange with well over forty members not have someone volunteer to step up to relieve these dedicated hard working folks? To this I ask two questions, first, "Have we who are ready to step down asked for help or relief?" and second, "Is it time for the "Doers" to cease the doing and by doing so oblige others to step into these roles?". Yes both actions are uncomfortable, and yes it may cause a little chaos at

first. This chaos being the fact that the other members have for years appreciatively allowed this couple to just get the jobs done and now at this time in their lives they are wishing to step away and let other members help with the work. We as a Grange must be aware of the needs of our members without them having to make an uncomfortable decision. Perhaps we have somehow lost our Grange connection with one another. Without this connection we have lost our ability to know when we need to offer relief of duties in an understanding and gracious manner. Perhaps the old saying "If it works don't fix it" may have been assumed in this instance when in reality we may have instead asked "How's it going and how can we help?". Sometimes we become busy with our own obligations that we without realizing it lose that connection amongst our members. Those that are doing the doing don't want to cause problems so they don't ask for help with tasks. They don't want to bother anyone. These tasks include the everyday work within our Granges. Tasks such as preparing for our meetings, the overseeing of

our yearly reports, contests and activities, as well as the upkeep of our halls. Let us all share in the work within our organization and let it begin with being aware of our individual members needs."Make the Connection".

As we work to preserve our organization for the future we will face challenges. These Challenges cause us to ask questions. The two most reoccurring questions we are asked as membership include, "How can we convince others to join our Grange?" and "How can we encourage Grangers and communities to participate in the activities within our Granges?". There is no magic answer, yet both questions can be answered with a simple reply, "Share your ENERGY and ENTHUSIASM for the Grange!". Do you remember why you yourself joined the Grange? Talk about your connection with the Grange and the impact your membership has made in your life. Has it provided purpose and joy? A positive and enthusiastic attitude is a magnet for connection. Connect your personal Grange involvement with your community, be the energy they seek for their lives.

Grange Camper Association To Meet

The Grange Camper Association Spring meeting will be March 30, at 12 noon at the Buzz Inn Steakhouse in Ellensburg, 2202 S Canyon Rd. All Grangers are welcome. The Annual Fun Rally and yearly meeting will be discussed at that time. Chapters are reminded to get their Roster to Marilyn Armit and dues sent to Cheryl Britton. For more information, contact Ed Armit at 360-983-3874.

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Washington State GRANGE NEWS

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• Tom Gwin, Executive Editor •

WASHINGTON STATE GRANGE NEWS (ISSN: 1070-4442) is published monthly except for July and September for and by the Washington State Grange, 924 S. Capitol Way, Olympia, WA 98501-1210. Member of the Pacific Grange Group, comprised of Washington State Grange News, Oregon Grange Bulletin and California Grange News. Subscription price to Grange members: \$3.02 per year (from dues). Non-member price: \$5.25 per year; \$9.00 two years; \$13.75 three years. Periodicals postage paid at Olympia, WA and additional entry offices.

POSTMASTER: Send change of address to –
WASHINGTON STATE GRANGE NEWS
P.O. Box 1186, Olympia, WA 98507-1186.

Printed on recycled paper with soy ink

Moving? Let Us Know?

Old Address (label should be on reverse of this form)

New Address

Your Name

Grange Name & Number

Please mail to:
Grange News
PO Box 1186
Olympia, WA
98507-1186

President's Message

Granges Should Be Involved In Solving The Opioid Crisis

By Tom Gwin
State Grange
Master/President

I recently returned from the State Master's Conference in Wichita, Kansas. While many of the workshops focused on Grange program and activities, one workshop addressed issues surrounding the opioid crisis in our nation.

Dr. Erin Yelland, an assistant professor and extension specialist with Kansas State University Research and Extension, spoke to our group and provided information on opioid usage across the nation. I want to cover the highlights of her presentation.

Opioids are defined as a class of drugs that include powerful prescription pain relievers and the illegal drug heroin. Several different terms are often used: opioid, opiate, and opium. Opium is an addictive drug prepared from the juice of the opium poppy plant. Opiates are drugs derived from the opium poppy plant. Opioids include the natural, synthetic, and semi-synthetic drugs derived from opium.

Prescription opioids can be legally prescribed by medical professionals to treat moderate to severe pain. The pain may be caused from injury, surgery, or even illness. Some of the commonly prescribed opioids are oxycodone, hydrocodone, and morphine. These medications may be an important and appropriate of treatment for many people, but opioids can also be addictive and quite dangerous. Approximately 30% of individuals who are prescribed opioids for chronic pain report misusing them.

Heroin is an illegal, highly addictive drug derived from morphine, a natural substance extracted from the seedpod of the Asian

opium poppy plant. Heroin causes an addictive euphoria that can lead to addiction and overdose. Heroin is generally considered easier to access as it does not require a medical visit, prescription on interaction with a pharmacist. Street heroin is less expensive than many prescription opioids.

In addition to the rise of abuse, addiction, and overdose, prescription

Now is the time for our Granges and Grangers to work toward combatting the opioid crisis in every community across the state.

-- Tom Gwin

opioids can have serious side effects, even when taken as directed: abnormal pain sensitivity, sleepiness and dizziness, nausea, severe constipation, physical and psychological dependence, and respiratory depression.

Anyone who is taking a prescription opioid is at risk for opioid misuse and abuse. Many people who take these potentially dangerous drugs as prescribed do not abuse them or become addicted. There are factors that make some people more susceptible than others. These factors include: taking high daily doses of prescription opioids, combining opioids with other substances, a history of substance abuse, mental illness, low income, and a history of incarceration or arrest.

As Grangers, we can watch for the signs of opioid addiction, which may include:

- Small, pinpoint pupils
- Appearing tired or drowsy, or nodding off during conversations
- Slurred speech
- Warm flushing and/or itchy skin



Tom Gwin

- Constipation
- Nausea, vomiting or failure to eat
- An excess of pill bottle and medications around the home, car, or workplace
- Seeking and/or obtaining multiple prescriptions from multiple providers and pharmacies

As Granges, there are several steps we can take to address the opioid crisis in our own communities. I encourage each Grange to select one of the following projects to administer:

- Host an opioid town hall meeting to educate your community
- Create a multidisciplinary task force in your community, or join a current task force addressing opioid use
- Host a community drug take-back day
- Set up a secure prescription drug drop-off site
- Identify and publicize resources in your local area

Now is the time for our Granges and Grangers to work toward combatting the opioid crisis in every community across the state. The opportunity is staring use in the face. We can let it over take us or we can become a part of the solution to solve this crisis. Let's take advantage of every opportunity to improve our communities by being a part of the solution to solve the opioid crisis in our state!

Legislative

Thank A Hairdresser For Keeping WA Safe For The Self-Employed



Heather Hansen

By Heather Hansen
Legislative Lobbyist

As of this writing, we are rapidly approaching the first cutoff of the legislative session. 1069 bills have been introduced in the House and 935 in the Senate. I have eighty-six bills on my tracking list for the Grange. That list will begin to shrink February 22 when the first cutoff comes. Any bill that has not passed its policy committee by that time will die, so the tracking list will become shorter and more focused.

The past two weeks, weather has complicated the legislative process with some legislators not being able to get to Olympia. February 11, the legislature completely shut down due to weather the first time in memory. The only other time the legislature has stopped worked during session was after the Nisqually earthquake in 2001. For those if you who live in places where snow is expected, keep in mind that the City of Olympia does not own a snow plow. The department of enterprise services, which manages the capital grounds, rented a front end loader and two Bobcats to move snow and open up parking.

The snow is finally melting so it is back to business. If you have ever worked as an independent contractor or hired an independent contractor, thank a Cosmetologist (hairdresser) for their incredible effort this legislative session. Many hairdressers operate as independent contractors, renting work space from a store owner. This arrangement allows them to set their own hours and rates. Many loggers, tree planters, landscapers, auctioneers, truck drivers and other professions also operate as independent contractors. A series of bills have been introduced that would reclassify independent contractors as an employee/ employer relationship, taking

away the freedom to work as they choose. In an incredible showing of grassroots action, the hairdressers stormed the legislature and made the point that they like their ability to be their own boss. The first bill was withdrawn and others are not expected to move. So thank a hairdresser for keeping Washington safe for the self-employed.

Remember, if it sounds too good to be true, it's probably disguising a tax. Sponsors of many of the bills relating to carbon, energy, Orcas and low-income housing got creative this year. There are numerous utopian sounding bills titles that will result in new taxes or increased cost of fuel.

In other issues of interest, House and Senate companion bills supporting shellfish growers have been introduced. The bills require the Department of Ecology to authorize the use of imidacloprid to control infestations of burrowing shrimp in Willapa Bay and Grays Harbor and to transfer their responsibilities for regulating such to the Department of Agriculture.

A bill increasing funding to compensate farmers for damage done to crops and livestock by deer, elk, cougars and wolves was heard. Support appears to be strong, but it will be the end of the legislative session before we know if funding will be approved.

We also have dueling bills with conflicting goals about hydraulics permits. SB 5451, sponsored by Senator King, would limit the need for a hydraulics permit (HPA) to work done at or below the ordinary high-water line. This in contrast to HB 1579 and SB 5580, both of which would greatly expand the department of Fish & Wildlife's regulatory authority with respect to HPAs. Both bills reference the orca recovery task force which gives them added emotional appeal.



Session Watch 2019

Stay informed about what is happening in the State Legislature. Send us your email at grange@wa-grange.org to receive our weekly Session Watch report. You can also find each weeks Session Watch on our website under the Legislative Department page at:

www.wa-grange.com/LegislativeSession.aspx

Visit us on the web: www.wa-grange.org

Ag In The Classroom

Increasing Ag Literacy Of K-12 Students - One Classroom At A Time

Since the Washington State Grange Foundation donated \$5000 to Washington Ag in the Classroom, we were able to sponsor the Winter 2019 issue of Ag@School. This magazine is FREE for each student when the teacher subscribes online. Following is the article about the Grange that is included in the magazine. Additionally, for the first time there is a Kids Corner too. Then, included in the Teacher Guide is information on how to get more information about The Grange.

Check out the entire January 2019 Ag@School issue at www.waic.net. While there, you can read many previous issues and see what Washington students are learning about our State's agriculture.

We are always interested in reaching more students with our projects. Volunteers read John Deere, That's Who! to 2nd graders. 4th graders receive Ag@School. Secondary students learn while using Project 2050, an online program. Do you have a contact that will help us with our goal? Please send them to me at jmhthag@gmail.com.

Thanks!
Judy Hamp Hossner

WASHINGTON STATE GRANGE

Organized in 1889, two months before Washington Territories became a State, the Washington State Grange is a family-based organization. Women and men have always

been full and equal members in the Grange. Children, youth, and young adults also have important roles within our organization.

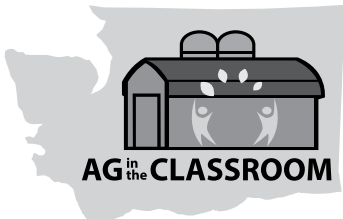
The Grange encourages community service, supports education for all, and champions Washington agriculture. The Grange is committed to providing accurate information about Washington agriculture to all people.

Many local Washington Granges participate in Words for Thirds, part of the national Dictionary Project. These Granges donate FREE dictionaries to local 3rd graders. More than 7800 dictionaries have already been donated during this 2018-2019 school year.

The Grange offers two youth programs. Grange Youth Program begins at age 14. The Junior Grange is open to 5-14 year olds. Both programs train youth to engage in leadership roles and community service projects. For kids aged 9-14, the State Grange sponsors several week-long Summer Camps. Camps are held at various places throughout our State, all on or near water, for Junior Grangers and all other interested children and youth. Interested in checking out a camp near you? Go to wa-grange.com/JuniorCamps.aspx

Kids' Corner - Junior Grange/Grange Camp

Joey, age: 8, 2nd grade, Lewis County



Tell us about your experiences in the Grange.

I really enjoy the Grange. I work with the Lecturer to plan activities and programs for our meetings. I really like helping somebody. We've had word scramble and singing. We've also had a man come and play the guitar for us. The Grange is exciting; I love being in the Grange. It is so much fun!

Brady, age 8, 3rd grade, Spokane County

What is the most exciting/fun activity at Junior Grange?

Arts and crafts

Have you participated in any Grange competitions?

Yes, Arts and Crafts

Why should a 4th/5th grader go to Grange Camp?

Make new friends - Have fun - Learn new camp songs

Addison, age 11, 6th grade, Spokane County

Why should a 4th/5th grader join the Junior Grange?

You get to meet new people and step outside your comfort zone.

Have you participated in any Grange competitions?

Yes, in the Talent Show. It was fun!

Included in the Ag @School Teacher Guide:

For more information about the Washington State Grange or any of the mentioned Grange Programs, you may go to www.wa-grange.com. To find a local Grange near you, go to wa-grange.com/LocalGrange.aspx.

Welcome New Members

GRANGES WITH MEMBERSHIP GAINS February 2019

	# Joined	Jr. +1
Fairview #619.....	4	
Mark Kiteley, Pam Kiteley, Milt Chance, Sue Chance		
Gardenspot #278.....	2	
Lilia Riordan-Rodgers, Sara Nan Riordan		
Moses Lake #1151.....	5	
Melody Price, Kayla Torres, Tj Mcbee, Brina Yearoot		
Donny Parker		
Stevenson #121.....	1	
Joanna Grammon		
Tyler Grange #610.....	2	
Nick Russell, Andrea Russell		
Williams Valley #452.....	3	
Nicolas Morris, Amanda Hill, Jamie Schallinger		
	# Joined	Jr. +1
TOTALS	17	0

Grange Provides Grassroots, Nonpartisan Advocacy

Due to the tumultuous times that led to the creation of the Grange in 1867, our by-laws dictate that our organization abstain from supporting candidates along the very lines that divided the country and led to the succession of the confederate states. The divisions in our country created by this war, as well as union divisions, took years to heal and we strongly believe that national policy must be established through debate, but in collaboration and unity.

There are currently Granges operating in 35 states; representing more than 100,000 members throughout rural America. Grange Halls are the pillars of rural communities, dedicated to preserving vibrant and competitive hometowns where their citizens have access to the same quality education, health care and technologies as their urban counterparts.

Our policies at the State and National Grange are born from the local Granges across the country. Legislative proposals, called resolutions, are brought forth by members and debated by State Granges. Those that pass at the state level are brought before the National Grange Convention and debated, with passing resolutions becoming National Grange Policy, available in our Journal of Proceedings and Legislative Policy Books. Policy at the State and National Grange is developed by membership and implemented in a truly grassroots fashion.

The Grange is committed to an issue-based grassroots mechanism which allows us to support civic leaders based on policy rather than local politics. Although we do not support individual candidates, we strongly encourage our membership to engage in local politics and elections that can better the communities they serve. We open our Grange Halls for candidate debates, issue forums and other civic meetings and strongly believe that voting and participation in our governing systems is a civic responsibility.

Grange Foundation Holding Quilt Raffle

By Christine E. Hamp
National Grange Lecturer

The National Grange Foundation is holding a Quilt Raffle for a queen-size (70" x 85") quilt made from the Tender Heart quilt blocks submitted to the 2018 National Grange Lecturer's Quilt Block Contest, including the top three entries in the adult and junior categories.

This is a fantastic opportunity for a Grange to purchase \$50, \$100 or more in tickets for the opportunity to win this fantastic quilt and THEN TO TURN IT AROUND AND MAKE THOUSANDS ON A FUND-RAISER OF YOUR OWN!

I bring this to you now so you have time to consider this opportunity at your next Grange meeting, then you can bring (or send) the funds to the State Officer/Deputy/Pomona Master Conference next month in Moses Lake or to State Convention in June.

Let me know if you have any questions by calling/texting to (509) 953-3533.

GRANGE FOUNDATION

QUILT RAFFLE

Queen-size quilt (70" x 85") made from Tender Heart quilt blocks submitted to the 2018 National Grange Lecturer's Quilt Block Contest including the top three entries in the adult and Junior categories

DONATION \$5

Winner will be drawn at the 2019 National Grange Evening of Excellence on Friday, November 8

Contact National Lecturer Chris Hamp at (509) 953-3533 or lecturer@nationalgrange.org for ticket information

The Grange Exchange

Let us help you buy or sell with a classified ad!

Cost per word	one month	4 or more
Regular	\$.30	\$.25
Boxed	.60	.50
Centered or reversed text	\$1.50/line	
Minimum for one month	\$3.75	
Word count: A hyphen, space or / creates separate words, except for phone numbers which count as one word.		
Deadline: First Monday in each month. Ads must be paid in advance. (Tear sheets not sent for classified.)		
Ad copy (or attach copy): _____		

No. words _____ @ rate \$ _____ x # months _____ = \$ _____ (enclosed)		

Convention Info

JUNE 26 - 29, 2019

130th Annual Washington State Grange Convention at the
Okanogan County Fairgrounds, 175 Rodeo Trail, Okanogan, WA 98840



WA State Grange 2019 Convention Housing

Motels in the Omak/Okanogan area. Note: ALL motels are within 15 minutes of the convention site. It is recommended to make your reservation immediately as hotels are filling up.

Hotel/Motel	Contact Information	Rates
Quality Inn 1 Apple Way Okanogan	Telephone 877-422-7070 innokanogan@gmail.com www.okanoganinn.com	\$89 + taxes
Rodeway Inn 122 North Main Omak	888-700-6625	From \$49 (10% off for seniors & AAA)
Omak Inn 912 Koala Drive Omak	800-204-4800 omakinnbus@communitynet.org omakinnwa.com	From \$70 + taxes. Text OmakInn to 40518 for discounts & coupons.
Best Western Plus Peppertree Inn 820 Koala Drive Omak	509-422-2088 www.bestwestern.com	Did not provide info. According to Google, rooms from \$104.
12 Tribes Casino/Hotel 28968 Highway 97 Omak	509-422-8500 844-526-8600	\$129 to 149 (\$50 Incidental fee refunded if nothing used.)

Convention Kick-Off Meeting Postponed

The 2019 Washington State Grange Convention Kick Off Meeting has been rescheduled to Sunday, March 24. The meeting will begin with a tour of the Okanogan County Fairgrounds at 11 a.m. We will then proceed to the Brewster Grange Hall for lunch at 12:30 p.m., followed by the Kick Off Meeting.

This year’s convention is being hosted by the Central District, which includes Granges in Chelan, Douglas, Ferry, Grant, Kittitas, Klickitat, Okanogan, and Yakima Counties. The host committee is being led by Chairman John Hamilton, Vice Chair Brittney Oliver, Secretary George Penner, and Treasurer Jacquie Hunt.

Resolution Writing Tips

Resolutions are not hard to write!

One of the real benefits of membership in the Grange is the opportunity that membership gives to every Grange member to have an effective voice regarding the issues that affect their lives. Each of the National and Washington State Grange policy positions all started as resolutions that were written and adopted by a local Grange.

Even so, some people are still intimidated at the idea of writing a Grange resolution.

As the state Grange is scheduled to hold its annual convention this June, we hope it will help generate greater interest in grass-roots participation in our Grange legislative program. The postmarked deadline for submission of resolutions from Subordinate and Pomona Granges is May 25.

Whereas, this is where you identify one problem that needs to be addressed or solved; and

Whereas, only place one reason or fact that supports your argument in each whereas paragraph; and

Whereas, only put facts in the whereas paragraphs that make it easier for the reader to understand the purpose of your resolution; Therefore, be it

Resolved, that this is where you clearly state the primary action that you propose to solve the problem you identified in the whereas paragraphs (Resolved should stand alone from the Whereas’ as this will be the policy printed in the Legislative Handbook. No information from the Whereas’ will be printed in the handbook), and

Be it Further Resolved, that any secondary actions to address the problem are placed here.

Here is a quick and easy overview of writing a resolution:

Title of Your Resolution Here (This should be just a few words and easily summarize what the resolution is about)

Be sure to include both the Master and Secretary signatures, Grange seal, contact information and any supporting materials.

2019 State Convention RV Parking

Bring your RV to the 2019 State Convention at the Okanogan County Fairgrounds. There are full hookups (\$30 a night) located adjacent to the main session hall. Hookups with electric and water (\$25 a night) are on the far side of the fairgrounds. Electric connections on the RV lots are 30-amp with almost no 50-amp service. Restrooms and showers are located on the grounds. Please mail your RV reservation form by June 14th to Jonny Pittman, 20547 RD 5.5 SE, Warden WA 98857. Please make checks payable to “Central Washington District Grange Convention”.

GRANGE CONVENTION RV PARKING RESERVATION

Last NameFirst Name

Street Address

City / State / Zip

Grange Name

PhoneE-mail

Date of Arrival# of Nights

Please circle your RV hook-up choice:Full Hook up (\$30 a night)Elec. & Water (\$25 a night)

Tent Camping (\$17 a night)

Total amount paid:RV License #:Length of RV:

.....

Mail by June 14 to: Jonny Pittman, 20547 RD 5.5 SE, Warden, WA 98857

!! REMINDER !!

MARK YOUR CALENDARS

All Resolutions must be received by May 25 at the State Grange Office to be considered at the State Grange Convention. Resolutions must have the original signatures of the sponsoring Grange Master and Secretary and have the Grange seal affixed.



Grange Connection

Green Bluff Grange Holds Quilt Block Sewing Event



Green Bluff Grange in February, held a successful community event, “Sewing a 2019 Quilt Block”



Sunnyside Grange Honors 75-Year Member

Gene Frymire of Sunnyside Grange #129 received his 75 year certificate at a recent Golden Sheaf- Silver Star ceremony which was presented by Sister Terry Abbott, WA State Grange Secretary.

Fertile Valley Grange Honors 50-Year Member



Fertile Valley Grange #1094 (Elk, Washington in Pend Oreille County) recognized Sister Pearl Gower at our Booster Night last October for her 50 years of continuous membership with Fertile Valley Grange. Sister Pearl happily attended with her son and daughter, and received her Golden Sheaf button. HOWEVER, the certificate from National Grange did not arrive until December! So a few FVG Patrons visited with Sister Pearl in January to make things official. Included in the photo are Silver Star member Sister Evelyn Van Horne, 74-year member Sister Thelma Weiland, Sister Pearl Gower, 50-noncontinuous-year member Brother Ray Eagle, and Fertile Valley Master Chris Smith.

South Union Grange Holds Food Drive



South Union Grange #860 held a holiday food drive for Thurston County Food Bank. The photo shows part of what they collected.

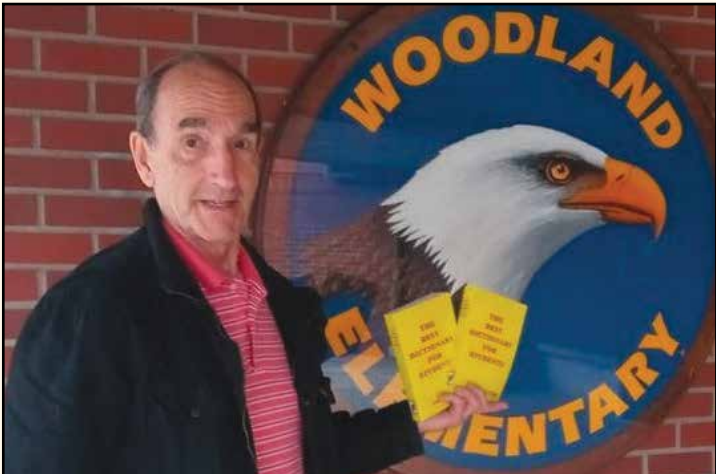
Washington Granges Present Dictionaries To Students



Oakview Grange presented dictionaries to third grade students at Adna Elementary School and the Jefferson-Lincoln Elementary School in Chehalis.



Jeannine Luce, right, and Ruth Neilson, left, from Happy Valley Grange distributed 700 dictionaries to the Riverview School District third graders! Shown here are students from Stillwater Elementary.



In January, Fruitland Grange handed out dictionaries to third grade students at Pope and Woodland Elementary as part of the "Words for Thirds" National Grange program. Do you know the longest word in the dictionary? Pope 3rd graders do! (hint: It's over 1900 letters long) If you visit the Fruitland Grange Facebook page you'll find the answer.

Grange Connection

ADAMS COUNTY

Ralston Grange heard from Kylie Fuller of the East Adams Library at their February meeting. The Annual Cribbage Tournament was postponed to February 24 due to snow.

BENTON COUNTY

Kennewick Valley Grange invites you to join us for our semiannual bazaar! With items ranging anywhere from information on Celebrate Recovery® to gifts for any upcoming event in your life! Lots of handcrafted, one-of-a-kind items. Or, order a customized item from one of our talented seamstresses. There is no cost for admission to the event and it is open to the public. The cafe will be open with biscuits & gravy, soup & sandwiches and brownies fresh from the oven! Please e-mail KVGrange@gmail.com for more information.

CLARK COUNTY

Fern Prairie Grange will hold a Jam Session on Saturday, March 16. This is a potluck family event with a \$5 per person charge. Kids are free.

COWLITZ COUNTY

Catlin Grange hosted the Leadership Conference in January and we collected items which were donated to the Longview Womens’ Shelter.

Rose Valley Grange will have an Easter Egg Extravaganza on April 13th, from 10 a.m. to 1 p.m. The Mothers’ Day Spring Bazaar is scheduled for May 11, from 9 a.m. to 2 p.m. We are looking for vendors. Call Nicole at 360-431-3175 or send a message. Rose Valley Grange will be changing their times of their meetings. Starting March 2019, we will meet the 2nd Tuesday of the month at 3pm.

Silver Lake Grange will hold a workshop on “Growing Giant Pumpkins” on Saturday, April 13 at 1 p.m. Charity Rusch-Marshall will share her experience, tips and answer questions regarding growing giant pumpkins.

Sunnyside Grange will collect pet supplies for the Pomona service project in March. The Grange is also manning the I-5 rest stop, collecting items for Keep Washington Warm, planting pansies in the planters in front of the Grange hall, making hats for preemies, and collecting books.

GRANT COUNTY

White Trail Grange Meets at 7:00 pm on the 3rd Monday of every month. We are planning our St. Patrick’s Day Bazaar, which will be held on March 16, from 10 am to 2 pm. For more information, please feel free to Rita Butler, Secretary, at 509-398-1639 or 509-787-4326.

GRAYS HARBOR COUNTY

East Oakville Grange held

two reorganizational meetings. We have 16 new regular members and three +1 Junior members. Immediate plans include getting the power turned back on in the hall and holding a hall cleaning party. The next meeting will be on March 21. The Grange is planning an Easter Egg Hunt for the Oakville community.

Humptulips Grange will hold their Fund-Raising Auction will be on Saturday, April 6. Hundreds of items will be in the live and silent auctions. Doors will open at 5 p.m. for viewing and dinner. The dinner will be a baked potato bar, along with other refreshments (nachos, pie, beverages). While we are still collecting items for the auction, we have confirmed several hotel stays, chainsaw carvings, restaurant gift certificates, fresh/frozen seafood, gift baskets, and more!

Sharon Grange has scheduled their 70th Annual Oyster Dinner for Saturday, April 13 from 12 p.m. to 6 p.m. The cost is \$20 per person.

KING COUNTY

Sammamish Valley Grange welcomed several new members since the first of the year. Membership continues to grow as the community embraces educational programs presented by the organization each month; most recently a Farmers Roundtable, a presentation on Fossil Free King County, and in early March a program on the Farm Bill and how it’s impacting regional agriculture and local food systems. Members of Sammamish Valley Grange are enthusiastic about presenting these free, monthly programs through the remainder of 2019 In tradition and service to the broader community.

KITTITAS COUNTY

Swauk Teanaway Grange’s Annual Scholarship Fundraiser Dinner is Saturday, April 13 at 5:30 pm. Come out to the Grange for a Farm to Table Dinner featuring a traditional pig roast! Join us in celebrating local youth, agriculture and business as we raise money for scholarships to further the education of outstanding youth in our community. Tickets are \$20 and available by calling Claire 509-857-2580 or 509-304-5313. Follow us on Facebook for additional information.

LEWIS COUNTY

Lincoln Creek Grange invites you to our game night will start at 3 p.m. on Saturday, March 9. There will be a potluck at 6 p.m. Stop in to shoot the breeze, join in on a game or just chat with neighbors! This is a free event and you don’t need to be a Grange member but we’d love to have you join. We will also have a Western Swing and Retro Country Music Dance on March 10 beginning at 1:30 p.m. The whole family is welcome. Admission is \$8 at the door until the hall fills up.

Oakview Grange members, Joyce Kludt and Alice Coakley, presented dictionaries to 35 third graders at Adna Elementary School. They also presented 100 dictionaries to

Jefferson-Lincoln Elementary third graders as well. This is a part of the National Grange nationwide “Words for Thirds” program that places dictionaries in the hands of third graders across America. 2019 marks Oakview Grange #311’s 110th anniversary of serving this community. The public is invited to an open house on May 18th from 1 – 4pm. Other upcoming projects are: catering the Lewis County Farm Forestry banquet; Multi-vendor Spring Garage and Estate Sale on March 22 and 23rd from 9a-4p both days, lunch will be available; Pressure washing and painted their hall; and planning their fair booth for the 110th Southwest Washington Fair.

MASON COUNTY

Skokomish Grange will hold a Pie and Ice Cream Social and silent auction In May. This is a good time to meet the neighbors and support the Grange. A date will be announced in the next Grange News.

Twanoh Grange will have a Taco and Potato Bar on March 2nd in cooperation with the Grapeview Fire Department #3 for a donation. Twanoh members also work with the Fire Dept. on March 25 for a pancake breakfast.

PACIFIC COUNTY

Long Beach Grange has a consignment auction on the second Saturday of each month. Items for consignment are accepted on the Thursday and Friday prior to the auction. Viewing of the items is during the day of the event.

PIERCE COUNTY

Fruitland Grange was very excited to welcome eight new members in January. Seven new members were obligated by Master Jim Moebius. Ideas for the Pierce County and Washington State Fairs were discussed. Planning will continue through the summer. The next bazaar will be held on March 16, from 9am to 4pm, with over 60 vendors selling handcrafted and vintage items. Over six thousand people have indicated an interested in attending. A contractor was selected for the new windows which will be installed soon, weather permitting. Fruitland Grange will host the Pierce County Grange 2019 Arts & Crafts and Photography contests on May 3.

SAN JUAN COUNTY

Lopez Island Grange will hold their Mardi Gras Dinner and Dance Party on March 2. Dinner will include Jambalaya, Red Beans and Rice, Salad, and Chocolate Bread Pudding. The cost for dinner and dance is \$25. For the dance only, the cost is \$10 per person.

SKAGIT COUNTY

Samish Valley Grange members are getting excited about our upcoming Swap Meet season, which kicks off on June 15th 9am-3pm. We have plans to make the 3rd season bigger and better than ever! Interested in having a booth? Contact Kim at 360-708-7434 or

komayer12@gmail.com. Spaces rent for \$15 per month, or \$30 for all three months, if prepaid. This season’s dates are June 15th, July 20th & August 17th. We are planning a dinner on April 7th 12-4pm. More info to come. Happy Spring!

SNOHOMISH COUNTY

Stillaguamish Grange members are planning their 2nd Annual Spring Fair...Plant Sale and Vendor Fair...for March 30th from 9am to 4pm. The Fire Truck will be there to "Tour" and we will have a food truck with yummy food and beverages. Fun for the whole Family

SPOKANE COUNTY

Green Bluff Grange’s Feb. 5 community event was “sewing a 2019 quilt block.” A number of people finished their quilt block. Special visitors Duane & Chris Hamp brought a 2018 quilt block quilt that Brandy Donough bought with her quilt block in it. Our secretary and lecturer attended the Leadership meeting and indicated it was very informative. Rentals of the Green Bluff Grange are increasing. Rick Clark of the nonprofit Giving Backpacks will present our community event on March 5 at 7 p.m. “All you can eat pancake breakfast” is March 31. Plans are to hold another St. Pat’s Potato Bar as a fundraiser for the scholarship account and hold a number of events during April’s Open House. Business meetings are the 3rd Tuesday of each month @ 7 p.m.

Moran Prairie Grange will hold a “Run for the Grange 5K” on Saturday, April 20. This is a fun, family friendly event. The course is great for beginners or advanced, for runners or walkers. Check in starts at 8am and the race/walk starts at 9am. Stay after for snacks and raffle prizes. Bring a non-perishable food item for an extra raffle tickets. (Additional tickets can be purchased for \$1 each).

STEVENS COUNTY

Addy Grange presents the “Remember When” Dinner Concert on March 30 at 6:30 p.m. Dinner and dessert will be served. Tickets are available in advance for \$15 per person. The concert will feature Allie Hodgson, Steve Carlson and Josh Robertson. All proceeds will go to the Addy Grange Revitalization.

Fort Colville Grange is holding Family Bingo Nights on the 1st and 3rd Saturday of each month. Dinner begins at 5 p.m. and Bingo follows at 5:45 p.m.

Kettle River Grange is putting on a play again this year: Suitable For Hanging by Donald Payton. The play is about Charlie, a lucky man. He’s marrying Abby on Friday and he’s a lab assistant to 2 zany scientists who are on the verge of a phenomenal discovery. However, things start going haywire when Charlie misses his wedding, discovers the body of a stranger in his closet, and a suitcase full of money and jewels mysteriously appears in his apartment. To find out how Charlie makes out, join us for 1 of

3 performances on Friday March 22 (at 7 pm), Saturday March 23 for Dinner Theatre (at 6 pm), or Sunday March 24 (at 2 pm). For more details, visit the Kettle River Grange Facebook page or contact Hannah Smith (509) 738-6900 or Kirsten MacTavish (509) 936-4622.

THURSTON COUNTY

McLane Grange’s primary fundraiser, the Delphi Craft & Swap Meet, begins it’s 2019 season Saturday, April 13th, from 9 - 3 at the Grange Hall, 931 Delphi Rd. SW. Come shop for new and pre-owned treasurers, with new & returning vendors the second Saturday of each month, April - November. Coffee is free to shoppers. Ample parking and a bake sale available! To sell your art, crafts or pre-owned treasurers contact Eladice at 360-866-7254 to reserve a table.

Prosperity Grange will be hosting a flea market sale on Saturday, April 6. Anyone interested in renting a table you call Marie at 360-878-9216. Table rental is \$15.

Skookumchuck Grange continues to support Agriculture. Our Tenino FFA will hold an Auction this month, which the Grange is supporting. We have an Ambassador for Agriculture who lives in our town, Miss Rodeo Washington 2019! Miss Hanna came to our meeting to inform us about her endeavors striving to cultivate rodeo and Agriculture throughout our state. Legislative sessions are ongoing and we acknowledge Heather for her commitment to representing us on the hill. Long-time member Lola Stancil turned 104 years. We adore her!

South Union Grange will meet on March 18 at 7 pm. Their holiday food drive for Thurston County Food Bank brought in 6-1/2 sacks of egg cartons, one sack of paper bags, and 75 pounds of food items. Dance to live county music by The Country Four on the first Saturday of every month from 7 to 10 pm. All ages are welcome.

WALLA WALLA COUNTY

Burbank Grange will hold Breakfasts on each Sunday in March. These fund-raising events are on March 3, 10, 17, and 24. Come out and have some great food with friends and support our high school scholarships. Can’t wait to see you there!

YAKIMA COUNTY

Lower Naches Grange will host a yard sale on Saturday, April 27. Spaces (10’x10’) are available. An 8’ table is included.

Tieton Grange postponed their Chili Feed and Silent Auction because of bad weather in February. The new date is Sat, March 2, beginning at 5:30 p.m.

Washington State Grange Offers Scholarships

Scholarships are offered each year through the Washington State Grange Foundation to assist Grange members attending college or children of Grange members. Applications for the scholarships will be taken through April 1 of each year for the following school year. Requirements vary for the different scholarships. Additional information about the State Grange Scholarship program and an application form are available by writing, calling, or emailing the Washington State Grange. Forms are also available online at www.wa-grange.org

A summary of the available scholarships is as follows:

Family Living Scholarships - Two categories of scholarships are offered each year from funds collected by the Grange Family Living Department. The number of \$750 one-year scholarships granted depends upon the amount

of funds accumulated during the previous year. One Family Living scholarship category is for students pursuing vocational education. The other category is for individuals enrolled in home economics studies. Applicants for the family living scholarships must have been Grange members for at least one year.

Agricultural Scholarships - Applicants for these scholarships must be high school seniors or graduates already enrolled in institutions of higher learning. They must be Grange members, or sons or daughters of Washington State Grange members. The one-year scholarships may be used at any institution offering courses leading to a certificate or degree in some field of agriculture. This includes community colleges. The recipients must be majoring in some field of agriculture (or home economics for the Bozarth grants). Payments

will be made directly to the college after notification of student's registration. The agricultural related scholarship include the Kegley Agricultural Scholarships (must have completed two years of college), the Norman Buchholz Agricultural Scholarship (up to \$2,500), the Kittleson Memorial Agricultural Scholarships, the Horace Bozarth Scholarship (Ag or Home Economics), the Kiona-Benton (Koss Memorial) Scholarship, and the Martin & Grace Forry Scholarship.

General Scholarships - Applicants for these scholarships must be high school seniors or graduates already enrolled in institutions of higher learning. They must be Grange members, or sons or daughters of Washington State Grange members. The scholarships may be used at any institution offering courses leading to a certificate or degree

in a recognized profession or vocation. Each scholarship is for one year and is a minimum of \$500. Payments will be made directly to the college after notification of student's registration. The general scholarships include the Delpha Goude Scholarship, the Marion & Snowie Vanderpool Scholarship, the Riverview Grange Scholarship, the Fox Island Grange Scholarship, the Nob Hill Grange Scholarship, the Ray & Marian Kamerrer Scholarships, the Enga M. Anderson Scholarship, the Bear Creek Scholarship, the Rock Creek Scholarship, the French Creek Scholarship, the McCleary Grange Scholarship, and the Pomona Villa Scholarship.

Marie Snyder Memorial Scholarship - Applicant must be a senior at Kahlotus or Washtucna schools or a member of Ralston Grange.

Only applicants should request



Isabella Lierman of Horseshoe Grange was recognized as a 2018 State Grange Scholarship recipient by the trustees of the Washington State Grange Foundation during the Celebration Banquet at the Annual State Grange Convention.

the application forms. All portions of completed applications must be in the State Grange Office by April 1. Applications will be available to download from the WA State Grange website: www.wa-grange.org.

Pomona Connection

Cowlitz County Pomona
Cowlitz County Pomona is starting to prepare for the upcoming Grange contest which will be held at the Catlin Grange Hall on Friday, April 19. Entries are due 9 - 10 a.m. for both Lecturers and Family Living Departments. Lunch will be provided.

Grays Harbor/Pacific Pomona
Grays Harbor/Pacific Pomona will meet on March 11 at North Willapa Harbor at 10 a.m. Entries for the baking and candy contests are due at 9 a.m. Following the judging, there will be a bake sale. The Pomona will have a Basket Bingo on Saturday, April 27 at 7 p.m. at Olympic View.

Mason County Pomona
Mason County Pomona is again

offering two scholarships to graduating seniors from Shelton, North Mason, Mary M. Knight and Choice high schools. Applications are available from the counseling offices at each school for the amount of \$750 each. The due date is April 25th. Dictionaries were delivered to Mason County third graders in January.

Pierce County Pomona will hold a Pancake Breakfast on Saturday, March 30 at the Edgewood Grange Hall. Hours are 8-11 a.m.

Snohomish County Pomona
Snohomish County Pomona moved their March meeting to the 23rd South Lake Stevens. This will be the baking, canning, and candy contests entries are to be in before 9:30am. The business meeting begins at 10 am. This year, we voted to have a theme to our Pomona

meetings and the March meeting will be "Spring Fling" luncheon provided by South Lake Stevens Grange. We encourage everyone to come out and join us and bring your special baked goods that will be auctioned off after lunch.

Thurston County Pomona
Thurston County Pomona will meet on April 4 at Violet Prairie Grange for its regular meeting. The February meeting was cancelled due to furnace problems at the host Grange. Lecturer and Family Living department contests will be held on April 13 at Brighton Park Grange. Entries will be accepted from 9-10 am and can be picked up after 2 pm. Direct your questions to Pomona Lecturer Rita Klein or Pomona Chairman of Family Living Ginny Nelson.

Pomona Calendar

All Pomona Granges are requested to send their list of 2019 meeting dates, times, and locations to grange@wa-grange.org for inclusion into this calendar.

CLALLAM	April 17 at Crescent, 6 p.m. potluck, 7 p.m. meeting.
CLARK	March 13 at Salmon Creek, 7 p.m.
COWLITZ	March 16 at Rose Valley, 6:30 p.m. potluck, 7:30 p.m. meeting
EXCELSIOR	March 16 at Greenwood Park, 11 a.m. Potluck at 12 noon. Baking and Canning Contests.
FERRY	April at San Poil.
GRAYS HARBOR/PACIFIC	March 9 at North Willapa Harbor, 10 a.m. meeting, 12 p.m. potluck. Baking and Candy Contest entries due at 9 a.m.
KING	March 9 at Happy Valley, 10 a.m. Baking and candy contest to be held at Meridian on March 30 with entries due at 9 a.m.
KITSAP	March 15 at Bethel, 7:30 p.m. Will hold baking contest.
KLICKITAT	March 9 at Mountain View, 12 p.m. potluck, meeting follows.
LEWIS	April 6 at Logan Hill
MASON	March 16 at Matlock, 10 a.m. Potluck at 12 p.m. Lecturer and Family Living Contest Judging.
OKANOGAN	April 13, location to be announced.
PEND OREILLE	April 13 at Calispel, 10 a.m.
PIERCE	March 2 at Edgewood, 10 a.m. Baking contest entries due on March 1 and 9 a.m. Auction at the Pomona meeting.
SKAGIT	March 6 at Skagit Valley, 7 p.m. Baking and candy contest entries due 10 a.m. to 12 p.m.
SNAKE RIVER	March 16 at Burbank, 10 a.m. Will include judging of Lecturer and Family Living Contests.
SPOKANE	May 17 at Five Mile Prairie, 10 a.m. Potluck at 12 noon. Contest judging to be held.
STEVENS	March 16 at Greenwood Park (meet with Excelsior Pomona), 11 a.m. Potluck at 12 noon. Baking and Canning Contests.
SUNNYSIDE	March 12 at Buena, 7:30 pm. Spring Fling.
THURSTON	March 7 at South Union, 6 p.m. potluck, 7 p.m. meeting. Baking and candy contest entries due 5-6 p.m.
WHATCOM	April 16 at Rome, 6 p.m. potluck, 7 p.m. meeting.
WHITMAN	March 16 at Whelan/Ewartsville, 10 a.m. Potluck at 12 noon. Baking Contest and Bake Sale.
YAKIMA	March 15 at Selah Heights, 6 p.m. potluck, 7 p.m. meeting.

Grange Leadership Conferences Rescheduled

Due to inclement weather, the State Grange Leadership Conferences originally scheduled for February 8-11 were postponed. The rescheduled conferences include:

Thursday, March 14 - Terrace Heights Grange Hall, Yakima County. Potluck at 6 p.m. with conference at 7 p.m.

Friday, March 15 - Kennewick Valley Grange Hall, Benton County. Potluck at 12 noon with conference at 1 p.m.

Friday, March 15 - Moses Lake (O'Sullivan) Grange Hall, Grant County. Potluck at 6 p.m. with conference at 7 p.m.

Saturday, March 15 - Entiat Grange Hall, Chelan County. Potluck at 12 noon, with

conference at 1 p.m.



Sunday, March 24 - Brewster Grange Hall, Okanogan County.

Conference will follow the convention kick off meeting in the afternoon.



THE GRANGE STRENGTHENS INDIVIDUALS, FAMILIES AND COMMUNITIES THROUGH GRASSROOTS ACTION, SERVICE, EDUCATION, ADVOCACY AND AGRICULTURE AWARENESS.

Grange Mission Statement



All Grange Members are Invited to the Exemplification of the First Four Degrees

Friday, March 22 • 7:00 p.m.

Moses Lake (O'Sullivan) Grange Hall

14724 Road 3 SE (intersection of State Hwy 17 and Road 3 SE), Moses Lake, WA

Protecting those who improve your community





Expert insurance protection for The Grange

Josh Ogden
Sedro Woolley, WA
360-856-1000

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Home & Family

Family Living

April Is The Month For Grange Charities

By Eileen Moebius
Family Living Director

It has been great seeing all of you and thanks for coming out for the meetings and thanks to all the Granges for hosting the conferences. We have done all the Westside conferences and part of the Eastside. We still must do the central part of the state, but everyone is snowed in. If your contest is before we get to your conferences, please contact me for the packet and I will send it to you. I can be reached at 253-358-6440 or you can download the packet online by going to Washington State Grange website. There you find the Family Living Department where you can download the forms you may need.

Some Pomona's have already

started the contests, I ask that you please get the contest results to me as soon as possible. I am hopeful that every Pomona will have a contest this year. Remember, it doesn't have to be a big contest to make a difference.

Quilts of Valor: To clear up questions about the batting, it needs to be low loft. Those are the only specifications for the batting. However, the fabric needs to be 100% cotton. We still need 2 more quilts for the Quilts of Valor this year. Applications are going out next month for the recipients of the Quilts of Valor. We will be choosing people from the central district. Please let me know if you can supply a quilt.

We are no longer taking Campbells soup labels.



Eileen Moebius

April is the month for Charities, the Family Living Department is asking all Granges to please consider donating to Family Living Scholarship, the Kelley Farms, the Richard Kimball Memorial Camp Fund for first-time campers and/or to the King Memorial Fund which goes to purchase educational equipment for camps. Please make checks payable to: The Washington State Grange Foundation. Please indicate in the notes section on the bottom left corner, each charity name and amount you are donating whether you are donating to one or all four.

"Sometimes when things are falling apart, they may fall into place." - Author Unknown

Lecturer's Department

Fair Booth Contest Results

By Leslie Jo Wells
State Grange Lecturer

There were a total of eighteen entries received for the 2018 fair season contest. In the Subordinate Division I – Produce there were 4 entries: Baw Faw #34, Humptulips #730 (2), and Lower Naches #296. In Subordinate Division II – Project there were 7 entries: Adna #417, Centerville #81, Elk Plain #782, Fargher Lake #853, Goldendale #49, Newaukum #198, and Oakview #311. There was only 1 entry in the Pomona Division I – Produce which was from Grays Harbor/Pacific Pomona #28. For Pomona Division II – Project there were 2 entries: King County

Pomona #13 and Spokane Pomona #13. The Youth Division II – Project had 4 entries: WSG Youth, Grays Harbor/ Pacific Pomona #28 Youth, Humptulips #730 Youth and King County #13 Youth.

The top three places were as follows:

Subordinate Division I – Produce: 1st Place Humptulips #730, 2nd Place Baw Faw #34 and 3rd Place Humptulips #730.

Subordinate Division II – Project: 1st Place Adna #417, 2nd Place Fargher Lake #853, and 3rd Place Elk Plain #782.

Pomona Division I – Produce: 1st Place Grays Harbor/Pacific #28.

Pomona Division II – Project:



Leslie Jo Wells

1st Place King County Pomona #13 and 2nd Place Spokane County Pomona #4.

Youth Division – Project: 1st Place Humptulips #730, 2nd Place Grays Harbor/Pacific Pomona #28 and 3rd Place WSG Youth.

Congratulations to everyone who entered! I know that we have more than 18 booths put in state-wide and I would love to see more entries. I encourage every Grange that puts in a booth this 2019 fair season to enter the contest. The entry postmark due date is October 31, 2019.

Community Service

Ideas For Your Grange Service Projects

By Yvonne Knuth
Community Service Director

Happy St. Patrick's Day to you! I promised to give you some ideas for your service projects. Beside the normal projects of the food bank, feeding the hunger, and providing items for shelters, you may also:

- Support military personnel
- Donate items for the Youth Department's Keep Washington Warm Project
- Support the Humane Society
- Gather books and personal

items for children's homes

As a reminder, community service reports are due June 1 and will cover the period of April 1, 2018 to May 31, 2019. Keep in mind that this is a report. Scrapbooking should be kept to a minimum. Your primary project may have up to four pages. Every other project should have no more than two pages. This includes a full description of the project, included how it was funded, and pictures, news clippings, etc. The description can also include the impact you made on your community. If you didn't get the community service report form, it

can be found online at www.wa-grange.org. Click on departments, and then on community service.

Nominations for Police Officer, Firefighter, Teacher, Individual Volunteer, and Group Volunteer Awards are still due by April 15. This will allow ample time for selection and ordering of awards. Nomination forms are on the Grange website.

Let's hope winter is over and we will soon all be outside cleaning the mess left us by Mother Nature. Spring will be here soon!



Yvonne Knuth

Simple Ways to be Heart Smart

(Courtesy of Family Features)

Sometimes making small changes can have a positive impact on your health – including heart health – like drinking more water, taking the stairs instead of the escalator and adding nutritious ingredients to your snacks and meals.

Incorporating nutritious ingredients is an easy way to step up your mealtime – for example, American Pecans can super-fy nearly any recipe by adding flavor and nutrition.

It's always a good time to include heart-healthy ingredients on your shopping list. American Pecans and their unique mix of unsaturated fats, plant sterols, fiber and flavonoids add up to help promote a healthy heart. In fact, according to the Food and Drug Administration, research suggests but does not prove that eating 1 1/2 ounces of most nuts, such as pecans, each day as part of a diet low in saturated fat and cholesterol may help reduce your risk of heart disease. One serving of pecans (28 grams) contains 18 grams unsaturated fat and only 2 grams saturated fat.

Boosting the heart-smart punch of your favorite recipes can be easy with pecans. Whether topping a salad, sprinkling into bread batter or using them as the foundation of a portable snack, there are few things America's native nut can't do.

Start the day right with a bowl of Banana Pecan Cherry Oatmeal – a comforting and hearty combination that can keep you full for hours. For a wholesome, on-the-go option perfect for school snacks, desk drawers or an afternoon pick-me-up, try Cherry Pecan Energy Bites. Dried cherries, dates and crunchy pecans combine for an all-natural burst of heart-smart nutrition to help you power through the day.

Discover more ways to create heart-healthy meals with pecans at AmericanPecan.com.

Banana Pecan Cherry Oatmeal

- 1 cup old-fashioned oats
- 2 cups water
- 1/2 cup pecan milk
- 1 banana, sliced
- 1/4 cup pecan halves
- 1/4 cup dried tart cherries
- 1/4 cup honey

In large, microwave-safe bowl, combine oats and water. Microwave on high 3-4 minutes, or until oats are cooked through. Watch carefully to avoid boiling over. Remove from microwave, stir and divide between two bowls. Pour 1/4 cup pecan milk over each bowl. Divide sliced banana, pecan halves and dried tart cherries between each bowl and drizzle with 2 tablespoons honey. Serve immediately.



Cherry Pecan Energy Bites

Makes: 10-12 energy bites

- 1 cup toasted pecan halves or pieces
- 1 cup dried cherries
- 4 medjool dates, pitted
- 1/4 cup old-fashioned oats
- 1 tablespoon cacao powder, plus additional, for coating (optional)
- 1 teaspoon vanilla extract

In bowl of food processor, combine toasted pecans, dried cherries, dates, oats, cacao powder and vanilla extract. Pulse until ingredients begin to bind and form loose, dough-like ball. Roll into 1-inch balls. Roll balls in additional cacao powder, if desired, and transfer to airtight container. Refrigerate until ready to serve, up to seven days.

Note: To make gluten-free, substitute 1/4 cup of certified gluten-free old-fashioned oats.

Spotlight on Youth & Juniors

Juniors

Enjoy Your Inner Junior Granger!!

By Marvin & Jennifer Oliver
Junior Grange Directors

With 2019 Marching on let's get our Inner Junior Granger on. This year the National Junior Grange Director has asked us, are you a Junior Granger at Heart? I give a loud and proud, YES I AM!! What a great way to show this but to participate in the challenge of entering an original piece created within the last year from the Junior contest options found on www.nationaljuniorgrange.org. Chose from; Creative art, Handy craft, creative writing or mini scrapbook. There is a cash/check entry fee of \$5.00 for Subordinate members. All adult entries will be judged separately from the juniors and the top winner will be awarded a prize. You may only enter one item per category. Please mail entries postmarked by October 20th to Samantha Wilkins, National Junior Grange Director, 21578 Pleasanton Rd San Antonio, TX. 78264. Or in person submission may be made at the 2019 National Convention by Tuesday at 9:00 AM.

During one of your



Marvin & Jennifer Oliver

Subordinate Grange meetings plan a lectures program to complete an entry by everyone in attendance. These crafts can be entered at the State Grange level and at then the National level! The Grange or its members will donate for the submissions to the National Grange. What a great way to show your support for you Junior + 1 members by having the whole Grange learn or share a new craft together as a group. This is also a great way to incorporate the membership new action plan; step 2. Share our energy and enthusiasm for the Grange and step 3. Have community based activities as well as Grange focused actives where all are welcome!

- **Handy Craft:** Create your own felt story board project. Choose your favorite children's book, nursery rhyme, or poem. Create a felt storyboard that



represents your story. Storyboard should not exceed 8.5x11in (standard printer paper size) Be creative and detailed as possible.

- **Creative Art:** Using the theme for 2019 "Junior Grangers are Super Heroes in Disguise Draw or paint a picture showing what the theme means to you.
- **Creative Writing:** If you were to have a day to spend with one of the founding members of the Grange who would it be and why? What would you do? What would you talk about?
- **Mini scrapbook:** Purpose: Capture the activities of the Junior Grange member throughout the year. What did you do? Where did you go? What did you participate in? This is your journey- Design your pages around your Junior Grange Activities for the year.

*** For complete rules see the website listed above.

Happy Crafting!

Youth/Leadership Regional Conference Dates Set

The Western Regional Grange Youth and Leaders Conference has been set for August 9-11, 2019 at the Echo Valley Campgrounds, near Elliston, Montana. Registration material will be available later this spring from the State Grange Office.

The Western Regional Grange Conference serves as a leadership training opportunity for our Grange youth and leaders. It also provides an avenue to share ideas with other Grangers in the Western Region. The Grange Youth Department holds their

regional contests in public speaking, sign-a-song, and Grange Jeopardy at the conference. The Western Region consists of the Granges in Montana, Idaho, Washington, Oregon, California, Nevada, and Alaska.

**JUNIOR GRANGE
2019 CAMP DATES
(tentative)**

June 23-29
Camp Wooten

July 7-12
Camp David – Session A

July 14-20
Camp Morehead

July 21-26
Camp David – Session B

July 21-27
Camp Mayfield

July 28-August 2
Camp NEWA

August 4-9
Camp Cornet Bay

Grange Youth Collect To "Keep Washington Warm"



The State Grange Youth Department is again collecting items for the Keep Washington Warm Project. Granges are encouraged to support this project by donating handmade or purchased hats, gloves, mittens, scarves, or sock to the project. All items should be delivered to the display area at the Annual State Grange Convention in June. The items will be sorted and distributed throughout the convention host counties.

Youth

Update On Grange Youth Programs



Jerry Gwin

By Jerry Gwin
State Youth Director

The Youth Department has a few updates to bring to your attention.

The new National Grange Youth Director is Mandy Bostwick from Kansas. Mandy is currently reviewing all of the youth programs and will be updating them in the near future. We will continue with many of the programs through this year and then expect the updates for the 2020 program year. One of the changes being implemented immediately is a new Youth Trivia Challenge. The 2019 challenge can be found on the National Grange Youth website: www.nationalgrangeyouth.org

At the state level, background checks are required for all adults working with youth and vulnerable adults. Please contact the State Grange Office for the information on the background checks.

We are not holding a statewide Teen Conference this year. Attendance has been low for the past few years and we can't seem to find a suitable date. We hope to bring this activity back next year. The teens will discuss this event at the convention.

Applications for the Youth Achievement Awards Program are included on the WA State Grange website: www.wa-grange.org. Applications are due by August 15 to me. I will compile the applications and forward them on to national. Examples of what qualifies for youth achievement awards are as follows:

- **William Saunders Agricultural Achievement Award:** visit with a farmer and then write an essay about what you learned about running a farm, prepare an exhibit for a county or community fair, working on a Grange display at your local or state fair, develop an agricultural enterprise, organize a mutual event with your local FFA or 4-H chapter.
- **John Trimble Legislative Achievement Award:** plan a legislative night for your local Grange, research an important community issue and write a resolution for consideration by the State Grange; serve as a delegate to the State Grange Session, participate in a Legislative Day at your state house.
- **Drill Achievement Award:** participate in a drill presentation at the subordinate or Pomona Grange, participate in a drill at state convention of Grange camp, participate in a drill at the Regional Youth Conference, create an original drill for the Grange at any level, prepare a workshop on drills.
- **John Thompson Ritual Achievement Award:** research on of the degrees and write an essay about how you can apply the lessons to your daily life, memorize the opening ceremony of a Grange meeting, organize a workshop on ritual, serve as a member of the State Youth Officer Team or National Youth Officer Team.
- **Oliver H Kelly Public Speaking Achievement Award:** present a speech at your subordinate or Pomona Grange; participate in the Grange Public Speaking Contest, prepare a workshop on public speaking for your Grange.
- **Francis McDowell Trivia Challenge:** complete the trivia challenge and score at least 75%.
- **Aaron Grosh Mentoring Award:** assist with Junior Grange meetings and activities, serve as a JG leader, lead a JG service project, be a JG camp counselor, assist with state and/or national session JG activities.
- **Caroline Hall Achievement Award:** share a specific talent with your Grange, participate in a community service project, enter a talent contest, organize a Grange service project, organize a fund-raising event for a charity.
- **William Ireland Deaf Awareness Achievement Award:** learn the manual alphabet, develop a deaf awareness display, participate in the sign-a-song contest.

We hope to have many award recipients in 2019!

National Grange News

View From The Hill: Policy Updates And Issue News

Agriculture and Food

• **The Shutdown**

The federal government partial shutdown has ended...for now. The longest shutdown in history is over until February 15 to give all parties the opportunity to negotiate a compromise on border security, security for Dreamers, and other immigration issues. This was called a partial shutdown because FY19 funding for some agencies had cleared Congress but funding for others had not. Many agencies of government that producers and rural residents depend upon were shuttered for over a month and employees were furloughed. Employees considered "essential" were expected to work during the shutdown. These included meat inspectors, TSA employees, safety and security personnel and the like. Lights were out in local Farm Service (FSA) and Risk Management Agency (RMA) offices but Natural Resources and Conservation Service (NRCS) employees remained on the job using surplus funds from last year's budget; this scenario is raising questions on Capitol Hill. SNAP recipients not only received their January benefits but are getting their February benefits early. This was made possible by an obscure provision in the now-expired (December 21) continuing resolution that allowed SNAP and child nutrition programs to use funds within 30 days of the CR's expiration. Market and economic reports were suspended but care for plants and animals at research facilities continued. Most economists reported the shutdown had a large negative effect in the nation's economy. Bipartisan lawmakers with reputations as "Deal Makers" from the House and Senate began meeting January 30 to

seek a deal on border security that would prevent a second shutdown this year.

• **A New Quarterback and Lots of Rookies**

Colin Peterson (D-MN), the new chairman but seasoned veteran of the House Agriculture Committee, has a new Democratic majority that's nearly half newcomers. That's not all bad, but his chairman's role will include lots of educating. The new Democrats are Axne (IA-3), Brindishi (NY-22), Carbajai (CA-24), Harder (CA-10), Cox (CA-21), Craig (MN-2), Delgado (NY-19), Hayes (CT-2), Kirkpatrick (AZ-2), Schrier (WA-8), Spanberger (VA-7) and Van Drew (NJ-2). New Republicans on the Ag Committee are Johnson (SD-All), Baird (IN-4), and Hagedorn (MN-1).

• **Regulatory Preview**

What are the major agriculture regulatory challenges facing producers during 2019? Here are a few top-of-mind issues from across agriculture:
Revised WOTUS rule. The "Waters of the US" proposed rule as revised is meant to replace the 2015 regulation that has been so controversial among landowners. The proposal attempts to clarify how EPA and The Corps distinguish between intermittent and ephemeral streams and allows states to claim jurisdiction over waters unclaimed by EPA and the Corps.
Plant-based "milk". Grange policy supports the definition on the books at FDA that milk is the product of a lactating animal and wants FDA to enforce that regulation.
"Healthy" definition. The food industry has long used the term "healthy" as a free-wheeling marketing tactic without having

to define what healthy means. FDA will be proposing a rule that would require healthy claims to reflect current scientific and dietary guidelines.

Produce safety. FDA is proposing to clarify when certain requirements of the Produce Safety Act do not apply. This should help the Grange's smaller produce growers.

Cell-cultured meat. USDA and FDA have agreed to share regulatory oversight of lab grown meat. The agencies plan to issue regulatory guidance documents in coming months which the Grange will monitor closely.

• **Bull Market Ending for Farm Land?**

One dependable indicator of a farm's financial situation is a comparison between debt and the income available to service that debt. Farm debt in 2013 was \$315 billion; today it is \$409 billion. Net farm income in 2013 was \$123 billion; last year net farm income was \$66 billion. Interest rates are climbing making other investments more attractive than farm land. These appear to be warning signs of a possible slowdown for the farm land market.

Health Care

• **Opioids Remain a Rural Problem**

The good news is that opioid prescribing rates are falling significantly. The bad news is that the percentage of patients prescribed an opioid is higher in rural than in urban areas according to the Centers for Disease Control and Prevention. Drug overdose is the leading cause of nonintentional injury-associated death in the United States. Higher rates of opioid deaths have been recorded in rural areas. In 2017, 14 rural counties were among the

15 counties nationwide with the highest opioid prescribing rates. Patients in rural counties had an 87% higher chance of receiving an opioid prescription compared with persons in urban counties.

• **Rural Elderly Care Challenges**

People 65 years old and older make up over 14 percent of the country's population. That same population is responsible for 34 percent of health care-related spending, according to the National Rural Health Association. But here's an even more sobering statistic: every day more than 10,000 Americans turn 65 years old and one in four of those seniors live in rural or small town areas. Major challenges to future care of these seniors are rural hospital closures, nursing home closures and qualified staffing shortages. Infrastructure is another challenge as rural and small town areas struggle to provide health clinics, safe and affordable housing, and high speed broadband internet to connect with telemedicine, tele-education and more. Most elderly people in rural and small town America want to age in place at home in their community. Some elder care groups suggest that one way to address the scarcity of services is for providers to diversify and provide medical attention, assisted living, home care, meals and transportation through one organization.

• **National Grange Files Comments**

The National Grange joined several patient groups to urge the Centers for Medicare and Medicaid Services at HHS to consider the success of Part D and Medicare Advantage as the agency prepares proposals to lower drug prices and reduce out-of-pocket expenses. The current program has successfully

provided beneficiaries with access to prescription drugs and self-administered drugs. While the National Grange supports CMS' goal to reduce out-of-pocket expenses, the Grange is concerned that proposed policy changes generally favor health plans rather than focusing on patient care and program transparency. The Grange also expressed opposition to proposed step therapy because it would be an impediment to prescribed therapy, particularly for patients who require timely and personalized Part B medications.

Telecommunications

• **More Rural Broadband Funding**

The Senate-House conference committee on USDA appropriations has awarded \$550 million in additional funds to a rural broadband loan and grant program created by Congress last year with an initial appropriation of \$600 million. Projects must serve communities of less than 20,000 people with no broadband service or where service is slower than 10/1 Mbps.

• **Bridging the Rural Broadband Gap**

A recent editorial in the Washington Examiner by National Grange President Betsy Huber applauded the Federal Communications Commission for its leadership toward closing the rural-urban digital divide. She then suggested the FCC make two changes to enhance rural efforts. The first is better data collection accuracy in rural areas which should be far different compared to urban areas. The second is to allow providers to wirelessly deliver broadband to rural communities using unused spectrum between broadcast television stations.

Now's a Great Time to Support the Washington State Grange Foundation
Here's how you can help:



Do you shop at Amazon?
Did you know your purchases can make a difference? AmazonSmile will donate to the Washington State Grange Foundation when you do your shopping at smile.amazon.com/ch/91-6064592 (you can also search by our name, the Washington State Grange Foundation). By remembering to shop at smile.amazon.com, Washington State Grange Foundation

can significantly increase its AmazonSmile donations (you MUST shop at AmazonSmile not just the normal Amazon website).

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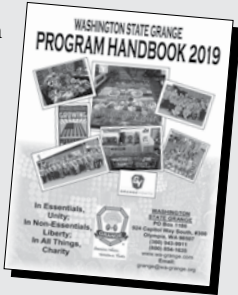
Support the Washington State Grange Foundation just by shopping at Fred Meyer with your Rewards Card. You are now able to link your Rewards Card to your favorite nonprofit by visiting customer service desk at your local Fred Meyer or by creating an account online and linking your rewards card to the Washington State Grange Foundation (account # DI486). Whenever you use your Rewards Card when shopping at Freddy's, you will be helping our organization earn a donation from Fred Meyer. They are donating \$2.6 million each year - up to \$650,000 each quarter - to the local schools, community organizations and nonprofits of your choice. All you have to do is link your Rewards Card and scan it every time you shop at Fred Meyer.



Your 2019 Program Handbook Is Nearby

This year's Washington State Grange Program Handbook is available through department heads, at the leadership conferences in your area and as an online publication. It is right at your fingertips at any time on the State Grange website.

Refer to the Handbook often for details about contests and programs from each Grange department. Valuable information about Grange Foundation and GIA scholarships is also in the handbook.



<http://wa-grange.com/downloads/ProgramHandbook.pdf>

Download the Handbook file to your PC for ready access.



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To locate an agent near you call 800-247.2643 or log on to www.grange.com and use the agent locator.

Grange Month ~ April 2019

Grange: A Fraternity Training Heroes For Our Hometowns Since 1867

In 2019, it's time to celebrate our everyday heroism as Grangers! This year, the National Grange Month theme – that we encourage you to keep going all year long – allows our members to tell the story of our organization one good work at a time.

After reminding ourselves and our communities that Grangers are “DO-ers” and that our work on behalf of our community is natural.

It's “The Grange Way” – in 2019 we recognize the magnitude of impact the sometimes seemingly small acts can have. From free or low-cost meals helping to meet the needs of our neighbors struggling with food security to providing dictionaries to third-graders, which helps to bridge the gap for those without internet or connected devices at home, Grangers are often the uncelebrated heroes that help our hometowns be places to live, love and learn.

Take part in the celebration this year with an open house, by sending a letter to your local newspaper editor and by telling our story in a way that connects with a new generation. Don't forget to include the Super G Grange cape as part of your events. Wear

this satin double-sided cape while serving a meal at your Grange Hall, cleaning up a roadside, presenting a dictionary, delivering donated items for your food pantry or during any other outreach activity you have scheduled!



Grange Heroes for Our Hometowns

By Betsy Huber
National Grange
Master/President

Building upon the themes of the last two years—the Doers and That's the Grange Way—this year's theme is “Grange Heroes for Our Hometowns.” Think about all the many ways that Granges work in their communities. Pay attention to all the Community Service projects that Granges do, that appear on Facebook or in the news. Talk to any members about what projects their Granges do throughout the year.

This theme references our community service work but

also our legislative efforts to make the country better, and our youth and Junior programs that train our children to be good citizens and leaders. It recognizes all our members who are veterans or service members that we honor. We acknowledge the many scholarships Granges give to assist students with their college expenses. Our fraternal concern chain that can activate prayers all across the country when there is a need. We can be called to action locally at a moment's notice to meet almost any need.

I'm sure we do all this without even thinking about it, but this year we want to call attention to the great work our Granges do. We want to increase our pride

in our organization, to show the public why we are important to them, why they should join with us if they want to make a difference in their world. We even have capes for you to wear if you need to build your confidence in yourself as a superhero. They will certainly attract attention and start a conversation about Grange in your community!

Take a look at the other resources available on the website www.nationalgrange.org under Events -- Grange Month, and put them to use for your Grange Month activities.

This positive attitude and our expectation for success will increase our ability to do more and greater things.

WHEREAS, The Grange strengthens individuals, families and communities through grassroots action, service, education, advocacy and agriculture awareness; and

WHEREAS, The Grange has played a major role in the development of rural America during three centuries, advocating for legislative protection for farmers through the Granger Laws in the 1800s; promoting research and education to improve agriculture through the Cooperative Extension Service and Land Grant Colleges and working to expand mail delivery and electricity to rural areas in the 1900s; and encouraging the expansion of broadband internet service and improvement of rural healthcare in the 2000s; and

WHEREAS, The Grange continues today to be an active force in thousands of communities across the country; and

WHEREAS, The Grange provides leadership, motivation, and education to bring together rural and urban families and offers them opportunities for personal growth and individual expression; and

WHEREAS, The Grange emphasizes civic responsibility and the involvement of people in the legislative process; and

WHEREAS, The Grange promotes service to the local community and volunteerism to improve the quality of life and economic well-being of its members and friends; and

WHEREAS, Grange members everywhere wish to celebrate and express their pride in the legacy of their highly respected organization;

THEREFORE, I Betsy E. Huber, Master of the National Grange, do hereby proclaim April 2019 as Grange Month, and further I do encourage the participation of each Junior, Community, Pomona, and State Grange in this celebration of Grange past and future by planning and executing programs and activities that will highlight the Grange in their respective communities.

Betsy E. Huber
Betsy E. Huber
National Master

Grange Month Display Contest: “Grange Heroes Discovering Opportunities For Success”

During Grange Month we encourage Granges to highlight their Grange in their communities and state in the form of a Grange Display. As we celebrate Grange month in April Granges are encouraged to showcase their individual Grange and to also support other Granges by attending their activities. The State Grange Membership Department is having a Grange Month Display Contest to assist in promoting the Grange by portraying the positive influences the Grange has made on communities, state and nation.

For over 150 years, the

Grange has worked to make our nation a better place for our citizens. We are active in 240 communities throughout the State of Washington, providing a wide range of services and offering multiple activities and programs. A public display of our Grange programs will assist in informing the citizens of your community of our programs and achievements. We ask that each Grange create a public display to promote the Grange and to focus on the positive impacts the Grange has made in our state.

Contest Information:

- Each Grange will arrange their own display area in a

prominent public location in their community.

- Each Grange design a display featuring their projects and activities, with focus on positive impacts achieved in their community and state.
- The display should follow the theme “GRANGE HEROES DISCOVERING OPPORTUNITIES FOR SUCCESS”.
- Grange programs should be represented (i.e. Lecturer, Community Service, Legislative, Youth and Junior activities, Family Living, etc.
- The display must be in place for a minimum of seven days

during April.

- Each display must include a Grange logo and contact information for the local Grange

Entry Guidelines:

- Each Grange is encouraged to take 3-5 pictures of their display (including one of the complete display).
- Place the pictures in a folder, with a 300-word (maximum) essay about the display and the message you wanted to convey.
- Include your Grange name and contact information in the folder.
- Submit pictures of your

display for promotion in The Grange News.

- Judging will be completed by a committee and will be based on: originality, creativity, design, and overall impact.
- Cash prizes will be awarded to the top five displays: \$50, \$40, \$30, \$20, and \$10.
- All entries should be placed in a folder and sent by May 15 to the Washington State Grange, PO Box 1186, Olympia WA 98507.
- All entries will be displayed and available for pick up at the State Grange Convention.